EVERYDAY HEROES CONFERENCE

December 3-4, 2025

Trinity Health Hospital, Prairie Rose Conference Center, Minot, ND



AGENDA Day 1 - December 3

9:50 - 10:00 a.m. **Welcome and Opening Remarks**

Overview of the day's agenda and objectives.

Ethical Considerations for Trauma-Informed Care 10:00 - 12:00 p.m.

Presenter: Benjamin Parker, LCSW & Kaycee Verlinde, LMSW

Much like bleach poured on dark fabric, trauma works itself into the very fibers of our lives and causes fundamental changes. Well-meaning professionals may find themselves unsure how to navigate helping those impacted by traumatic experiences, especially when multiple systems are involved with competing interests. In this presentation, trauma and trauma-informed care will be defined, and special ethical considerations will be explored. Participants will apply ethical decision-making models to complex case examples involving trauma to enhance their competency and confidence in following their ethical code, workplace policies, and personal values.

Lunch Break 12:00 – 1:00 p.m.

Small Injuries, Big Implications 1:00 - 3:00 p.m.

Presenter: Hannah Pavek, DNP, APRN, CPNP-PC, SANE-P

This session will equip attendees with the knowledge and skills to recognize sentinel injuries indicative of child physical abuse (CPA), understand the mechanisms of these injuries, conduct appropriate screenings, and fulfill mandatory reporting obligations to protect vulnerable children.

Break 3:00 - 3:15 p.m.

Managing Concerns for Child Sexual Abuse 3:15 - 5:15 p.m.

Presenter: Hannah Pavek, DNP, APRN, CPNP-PC, SANE-P

This session will help MDT members better understand medical findings related to child sexual abuse. Participants will review normal anatomy, learn why most exams appear normal even after abuse, and recognize common conditions that can be mistaken for abuse. The session will also provide practical tools and strategies to support prevention efforts in our community.



Day 2 - December 4

9:00 – 11:30 a.m. When Your Abuser Is an Avatar: A Deep Dive into AI and the Social Media, Gaming, and Chatbot Apps Creating the Next Wave of Sexual Violence

Part I

Presenter: Jill Ostrove, Esq.

We are in the middle of an AI explosion and can't keep up. While A.I. technology and social media have positive uses, there is an exponential increase in their exploitation for malicious and harmful purposes, including sexual violence.

This 2-part training takes a deep dive into emerging technologies, social media, gaming platforms, and chatbot apps that are being used to exploit and abuse children. With interactive demonstrations, real-world case studies, and legislative updates, this training will provide practical tools to protect children, survivors, and organizations.

11:30 - 1:00 p.m. Lunch Break

1:00 – 3:30 p.m. When Your Abuser Is an Avatar: A Deep Dive into AI and the Social Media, Gaming, and Chatbot Apps Creating the Next Wave of Sexual Violence

Part II

Presenter: Jill Ostrove, Esq.

3:30 - 3:45 p.m. Closing Remarks and Evaluation

Thank you for being part of the 2025 Everyday Heroes Conference

The work you do to support and protect children and families matters every day. We are honored to share this time with you, learning, connecting, and standing together to create safer communities and help every child find hope, healing, and the chance to thrive.



PRESENTER BIOS



Jill Ostrove, Esq.

Attorney and VP of Sexual Misconduct Liability Risk Management at ePlace Solutions. Former prosecutor specializing in domestic violence, child abuse, sex offenses, and gang crimes. National trainer on child sexual abuse, social media dangers, deepfakes, AI, and prevention strategies. Dedicated advocate for vulnerable populations, with extensive nonprofit and animal rescue work.

Hannah Pavek, DNP, APRN, CPNP-PC, SANE-P

Pediatric SANE since 2017. Earned her Doctorate of Nursing Practice from the University of Minnesota. Board-certified pediatric nurse practitioner and certified pediatric SANE at Sanford Children's CARE Clinic in Fargo, providing care for children with concerns of sexual abuse, physical abuse, and neglect.





PRESENTER BIOS

Benjamin Parker, LCSW

Supervisor of Clinical Services at NPCAC since 2021. Holds an MSW from Florida State University and a BSW from Minot State University. Previous experience in skills training, domestic violence, and group counseling.





Kaycee Verlinde, LMSW

Child & Family Therapist at NPCAC since 2024. Holds an MSW from the University of South Dakota and a BSW from Minot State University. Previous experience in crisis intervention and working with adults with disabilities.



